

Club Rules

This document is separate to the Club Constitution and the Code of Conduct, which all members should be familiar with. This should be treated as an expansion of the Code of Conduct. The rules laid out herein aim to deal with the day to day running of the club and the conduct of the members inside and outside of training times.

Pool Training

Set-up and pack-down

- All members should aim to arrive 15 minutes before the start of every session in order to bring equipment from the club cage in the SUSU building to the pool. Either the Kit Secretary or the President should be there to unlock the cage, if not a spare key is at the building reception desk.
- As soon as members arrive they should begin moving kit to the pool to ensure a timely start to the session.
- 10 sets of kit should be provided by the club for every session unless sets are otherwise unavailable due to breakage, repairs or tournaments. As such, members should take to the pool the appropriate numbers. This is regardless of whatever personal kit members may bring.
- Once members are dressed and allowed poolside, all members must begin setting up the pool for the session. No one is allowed onto the water till everything poolside is finished.
- Once the session is over, all members on the water must get out promptly and begin putting boats back on the rack and all other equipment neatly piled by the door. Any members that are poolside should begin taking down goals and collecting balls.
- Members should not vacate poolside till all of the pack up is complete.
- Once changed members must wait in the pool reception till the remainder of the club is ready to begin returning kit to the cage.
- If members did not bring kit at the start they must be the ones to return it.
- Members arriving late or leaving early must ensure that they carry kit either before the session or after for pack-up.
- No member is exempt from carrying kit, regardless of whether or not they use their own primarily during a session.
- If members wish to use their own equipment the committee must be notified and the kit must meet the necessary safety guidelines.

On the water

- If more than 10 members are present for a session all members must rotate evenly through turns on the water to ensure everyone has a fair amount of pool time.
- No one is exempt from swapping off the water.
- Members must play in training in a manner that is in keeping with the aim of the session, and not using it as their own personal practice time.

- Members must listen to the coaches and members running the session in keeping with the Code of Conduct.
- Members arriving late or leaving early will not be given preference for staying on the water over others.

River sessions

- River sessions can only be run if three or more club members are present, of which one must have been deemed competent or qualified to run the session.
- Only members deemed competent enough will be allowed to participate in these sessions due the added difficulty of moving water.
- Prior to a session going ahead the committee must approve that those involved and running the session are competent enough.
- Any equipment used for these sessions must be hosed down after use and returned to its storage space unless specified by the committee.
- Members participating in these sessions must bring extra layers for on the water and spare kit for afterwards, as well as food and water.
- At least one member should have a phone with them on the water for use in an emergency.
- While on the water members must stay together as a group.
- It is the responsibility of the nominated session leader to decide if the conditions are becoming too difficult or dangerous to continue either for an individual or the group, and is responsible for ensuring that all participants return safely.
- If a single member has to leave early for any reason, it is the responsibility of the session leader to ensure they return safely. If this causes the numbers to drop below the described limit, then the session is over.

Tournaments

- The minimum amount of club kit brought to any tournament must be sufficient to cover the largest club team participating, not accounting for personal kit of the members.
- If it is known that multiple teams from the club could be playing at the same time then at least ten sets of kit will be provided by the club
- The team that is scheduled to play next takes priority over what kit to use.
- If two teams are due to play at the same time then kit should be divided evenly in terms of members want to use.
- If three teams are due to play at the same time then the committee or team captains will be responsible for talking to the event organisers and trying to move games so there is no longer a clash.
- The A team will be made up of the best players who are available for the tournament whilst also considering attendance at club training sessions.
- The B team will aim to balance between those that cannot regularly play tournaments and those that were not selected for the A team.

- The Ladies team will be made up of the best female players – they will also have the option of competing for the A or B team if needed.
- The teams will be decided by the club president and any coaches or instead the team captains.
- Prior to the tournament team captains will be selected and it will be their responsibility to liaise with the coaches to tailor training sessions in the run up to the tournament to their team's needs, as well as for the management of the team over the course of the tournament.
- The role of captain will be rotated through members for the first few tournaments, before the person deemed to have performed the best in the role is selected to lead the team for the remainder of the year.
- For one day tournaments six players per team will be the maximum permitted.
- For weekend tournaments seven players per team will be the maximum permitted.

Keys

- Members in possession of keys to the club cage and Boat Hard centre must be present for all pool and river sessions.
- If they are unable to attend, then they must give the keys to another member that will be at the session, and that member is then responsible for ensuring that all kit is locked away properly.
- Members in possession of these keys must not leave Southampton for extended periods with the keys with them such that they will miss training sessions. If they do need to leave then they must give the keys to another member who will not be leaving.
- The committee must be kept informed of who has the keys at all times.

Other

- The kit secretary must be notified of any breakages.
- The organisation of anything club related must be done in an open manner such that every member of the club can easily view any information regarding what is being organised. If club equipment or the club name is being used then it falls under this category.